

Fall 2009



WORKSHOPS

Friday, October 23

**RELATIONAL EMPOWERMENT IN
COUPLE THERAPY**

Mona Fishbane, PhD

Friday, December 4

**CLINICIANS' OWN EXPERIENCE
WITH ILLNESS & LOSS:
FACILITATING OUR THERAPEUTIC WORK**

John Rolland, MD

New: ONLINE LEARNING / CECS

SEE DETAILS INSIDE

CHICAGO CENTER FOR FAMILY HEALTH



Chicago Center for Family Health
20 North Wacker Drive, Suite 1442, Chicago, IL 60606
312-372-4731 / Fax: 312-372-4732
www.ccfhchicago.org

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Workshop Registration

NAME _____ DEGREE/LICENSE _____

AFFILIATION _____

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CITY _____ STATE _____ ZIP _____

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HOME PHONE _____ WORK PHONE _____

E-MAIL _____

Workshops:

- Relational Empowerment—M. Fishbane (Oct. 23)
- Clinicians, Illness, & Loss Experience—J. Rolland (Dec. 4)

Registration:

- ~~\$135~~ / Workshop Stimulus Special: \$125!
- ~~\$120~~ / Groups of 3 or more Stimulus Special: \$110!
- ~~\$90~~ / Students (with school ID) Stimulus Special: \$ 80!

Payment Options:

- Check Enclosed (Payable to CCFH)
- Credit Card (Visa, MasterCard)

CARD NUMBER _____ EXP. DATE _____

SIGNATURE _____

CEUs (6 hours per day)

- LCSW/LSW # _____
- LMFT # _____
- LCPC/LPC # _____
- Certificate of attendance

Please mail with payment to:

Chicago Center for Family Health
20 N Wacker Dr, Suite 1442 Chicago, IL 60606

Fax to (credit card registrations only): 312-372-4732

**For information & online registration: www.ccfhchicago.org
Or call us at (312) 372-4731**

Friday, October 23

Relational Empowerment in Couple Therapy

Mona Fishbane, PhD

Couples often come to therapy caught up in power struggles and blame games. In this workshop we will explore how partners resort to 'power over' interactions when they feel disempowered and don't know how to connect with each other. Mona Fishbane, a leading couples therapist, clinical instructor, supervisor, and author, offers effective techniques for relational empowerment, 'power to' capacities that include emotional and social intelligence, mutuality, and generosity. Informed by 'news from neuroscience,' the attachment literature, and systems theory, Dr. Fishbane skillfully weaves together useful concepts and methods in an integrative approach she has developed to facilitate relational intelligence and empowerment, compassion, and care. With practice guidelines, case illustrations, and application to challenging cases, this day with Mona will be inspiring and immediately useful for therapists at all practice levels.

Mona DeKoven Fishbane, PhD, directs CCFH couple therapy training & is a clinical psychologist in private practice. Dr. Fishbane, an AFTA board member & AAMFT Approved Supervisor, lectures nationally & internationally, with expertise in couple therapy, intergenerational relationships, & neuroscience. Her recent articles include "The Vulnerability Cycle: Working with Impasses in Couple Therapy," "Differentiation & Dialogue in Intergenerational Relationships," "Wired to Connect: Neuroscience, Relationships & Therapy," and "News from Neuroscience': Applications to Couple Therapy."



Schedule for Workshops:

8:30— 9:00 Registration
9:00—12:15 Morning Session
12:15—1:15 Lunch (on your own)
1:15—4:00 Afternoon Session

Friday, December 4

Clinicians' Own Experience with Illness & Loss: Constraining → Facilitating Our Therapeutic Work

John Rolland, MD

As mental health & healthcare professionals, we bring our own personal & family experiences with illness & loss to our clinical work. They often become activated in client situations of serious health problems or loss, block our ability to work effectively, & contribute to compassion fatigue. This can arise in: catastrophic expectations; anxiety & depression; over-identification with a patient, spouse, or child; distancing or collusion with family avoidance of painful issues; & spillover into our personal lives & family relationships. Based on Dr. Rolland's Family Systems Illness Model, this workshop will enable you to gain deeper understanding of these interface issues & ability to harness your experiences for empathic understanding of clients & positive benefits professionally & personally. We will address the selective therapeutic use of self-disclosure & boundary issues. Opportunity to discuss case experiences in your own practice settings.

John Rolland, MD, is CCFH Co-Director & Clinical Professor of Psychiatry, University of Chicago. Internationally recognized for his conceptual model, clinical work, & research with families facing serious physical disorders, his extensive publications include his landmark book, *Families, Illness, and Disability: An Integrative Treatment Model*, & *Individuals, Families, and the New Era of Genetics: Biopsychosocial Perspectives*. He is past president of the American Family Therapy Academy, recipient of its Innovative Contributions to Family Therapy Award, an AAMFT approved supervisor, & Distinguished Fellow, American Psychiatric Association.



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NEW: Online Learning for 8 CE Credits

CCFH is offering an online continuing education opportunity to earn CE credits by reading valuable publications by CCFH authors & completing a brief assessment. This program enables you to learn useful practice information with CE credit at your own pace & convenience. Our resilience-oriented, collaborative approach is applied to a broad diversity of couples & families & their stressful life challenges.

To take advantage of CCFH Online Learning:

1. Select one of the three books currently offered for CE credit:
 - *Spiritual Resources in Family Therapy*—new 2nd. ed., 2009, Froma Walsh, PhD, (Ed.)
 - *Strengthening Family Resilience*—2nd. ed., Froma Walsh, PhD, (Ed.)
 - *Families, Illness, & Disability*, John Rolland, MD, author
2. Register online, or by fax or phone, with payment to receive the book.
Fee: Autumn, 2009—\$95;
After January 1, 2010—\$115.
3. After reading the book, complete & return the CE quiz.

All three books, by CCFH Co-Directors, are highly regarded texts widely used in professional training and practice: Valuable for both beginning & seasoned clinicians of all mental health & healthcare disciplines. Readers will gain useful, state-of-the-art knowledge, practice guidelines, & case illustrations to inform & inspire best practice. For full descriptions of the books & authors' bios, see our website at www.ccfhchicago.org.

The Chicago Center for Family Health is an approved provider of continuing education credits (CECs) by the Illinois Dept. of Professional Regulation for social workers (LCSW/LSW), licensed marital & family therapists (LMFT), & professional / clinical counselors (LCPC/LPC).

For further information:

Janet Goeking, Administrative Coordinator
(312) 372-4731; jgoeking@ccfhchicago.org
www.ccfhchicago.org

**CCFH: Specializing in Family Therapy, Couple Therapy,
& Families, Illness & Collaborative Healthcare**

For more information on training programs,
case consultation—supervision, and clinical services:
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